

One Heartland Job Description 2022 Lifeguard & Aquatics Specialist

Job Summary

Under the supervision of the Aquatics Supervisor, the Lifeguard & Aquatics Specialist is responsible for the safety of participants in all water areas (including outdoor pool and lake), and responsible for the development and delivery of safe, fun, and engaging aquatics programming in areas such as swimming, canoeing, or fishing. They also live in a cabin with a group of approximately 8 youth participants and 2 staff and provide support to the counselors responsible for the cabin group's experience and well-being.

This is a full-time, live-on-site, summer seasonal position paying \$500 per week, with room and board provided.

Principal Responsibilities & Essential Functions

- Attend training sessions during staff orientation geared towards the development of safe, fun, inclusive, and equitable camper outcomes and experiences
- Participate in pre-season and weekly rescue skills verification and in-service training with the lifeguard team
- Ensure the safety of participants in all aquatic activities, including communicating and enforcing policies, minimizing or eliminating dangerous situations and/or behaviors, conducting swim checks with staff and campers, providing active supervision and being rescue-ready at all times, and responding to emergencies in both the pool and lake
- Develop and deliver engaging aquatics programming (to include recreational swimming, canoeing, and fishing) for all ages and abilities of participants
- Assist in the management and care of aquatics program areas by (but not limited to) maintaining equipment and inventory, ensuring the safety and cleanliness of the space, daily set-up/break-down, and conducting a final inventory at the end of the camp season
- Ensure appropriate, accurate, and timely documentation and communication of participant related concerns, including referral of concerns to healthcare or supervisory staff
- Act in cases of urgency or emergency in alignment with camp policies and procedures and training as a lifeguard
- Support counselors in their assigned cabin with participant supervision and cabin group activities when not occupied with program area responsibilities
- Support counselors in their assigned cabin with the daily cabin schedule, helping campers arrive to activities and programs in timely manner, and meeting the participant's medication, sleep, nutrition, & hygiene needs, when not occupied with program area responsibilities
- Plan and facilitate one or more unique one-hour programs to offer as an elective to all participants, outside of traditional camp program areas
- Work as part of a team, supporting other team members and projects as needed
- Assist and participate in staff meetings, communicate with directors and peers about the wellness and development of campers, and support the logistics of camp life, such as assisting with camper arrival and departure or camp clean-up at the end of a session
- Ensure the following of all One Heartland staff and facility policies and procedures as well as all health and industry regulations such as state of Minnesota and ACA (American Camp Association) standards
- Work together with other staff to ensure assigned program areas and equipment are safe for use

- Act in a professional and friendly manner to ensure positive relations with participants, families, community, volunteers, visitors, and staff

Qualifications

- Experience with youth ages 7-17
- Prior knowledge and experience with swimming, canoeing, and/or fishing
- Ability to teach and lead engaging aquatic activities with participants of all ages and abilities
- Current Lifeguard certification, including CPR, First Aid, and AED skills (course available during staff orientation for candidates with proof of meeting required swimming skill prerequisites)
- Ability to work as a team to carry out emergency response in lake and pool
- Ability to maintain confidentiality regarding organizational, staff, and camper information
- Organized, logistically minded, creative, participant-focused, and safety conscious
- Ability to effectively teach, direct, supervise, coach, and support diverse camper groups
- Connection to or knowledgeable about one or more of the communities we work with (LGBTQ+, HIV/AIDS) and most importantly a commitment to respectfully work with, and honor the identities and experiences of, our participants from these communities
- Commitment to active inclusion and making sure everyone feels welcome and celebrated
- Commitment to stewardship and conservation by using resources effectively and efficiently

Preferred Qualifications

- Prior work experience as a lifeguard
- Prior experience planning and facilitating aquatics activities with youth
- Prior experience with one or more of the communities we work with (LGBTQ+, HIV/AIDS)

Physical Requirements

- Must be able to tolerate prolonged work hours and remain alert to dangerous situations while sitting, standing, or walking for various amounts of time
- Must be able to move about camp indoors and out and work in outdoor weather conditions
- Must be able to demonstrate meeting lifeguard certification requirements, including but not limited to swimming 300 yards continuously, treading water at least 2 minutes continuously, diving to a depth of 10 feet to retrieve an object, and swimming while towing another person and consistently supporting their head above the water
- Ability to react to emergency situations by quick movements, strenuous activity, and on occasion assist or lift people in distress of varying weights
- Ability to sit in, balance in, move about, and paddle a canoe independently in a lake
- Must be able to tolerate exposure to crowds and high noise levels
- Must be able to assist campers in an emergency (fire, evacuation, illness, or injury) and possess strength, endurance, and composure required to maintain constant supervision and support to campers
- Ability and willingness to live in camp setting with daily exposure to the sun, heat, and animals such as bugs, snakes, and spiders

Frequently cited statistics show that women and members of structurally marginalized and/or underrepresented groups apply to jobs only if they meet 100% of the qualifications. One Heartland encourages you to break that statistic and apply. No one ever meets 100% of the qualifications. We look forward to your application.